

Ecclesia Theological Seminary
PT 2033 PT 6253 Abnormal Psychology

1. Administrative information:

Course Title: Abnormal Psychology
Course Code: PT 2033 PT 6253
Credit Hours: 3
Prerequisite: Introduction to Psychology
Venue: Ecclesia Theological Seminary Room 104
Date: June/2022 to August/2022 (Wednesday)
Class Time: 07:00pm to 10:00pm
Instructor: Dr. Benny WL Lam
Telephone number: 63838063
E-mail: bennylam@ets.edu.hk
Website: www.drbenllylam.com

2. Course Description

1. To critically review the concepts and models of mental health and mental disorders.
2. To familiarize with the current classification, the diagnostic assessment procedures and the common intervention strategies of mental disorders.
3. To acquire an in-depth knowledge about common childhood, adolescents, adult and geriatric mental disorders.
4. To examine the socio-cultural aspects of mental disorders and their implications for social work practices.

3. Learning

This course will be conducted through lectures, case illustrations, group discussions, and student presentations. Films and video material may be used whenever possible. Presentations and written work submitted are to be in English, unless in very exceptional and individual cases when Chinese may be considered.

4. Text

American Psychiatric Association. (2015). Diagnostic and Statistical Manual of Mental Disorders. (5th edition) (DSM 5), Washington D. C.

5. Course Requirements

1. Class attendance (10%) and participation are expected, including class discussions and contributions to fellow students' presentations. Students are

expected to do all the required readings which are discussed in class. (at least 80%)

2. Presentation (30%): Each student group is required to make a 30 minutes **(strictly enforced)** presentation on a chapter on mental disorder or a cluster of mental health problem(s). The presentation should highlight the key points from the chapter and important points from the current literature, a discussion on local socio-cultural situations and a critique on current treatment/management practices.

Please prepare questions for class discussion. The student is expected to provide a brief outline of the presentation and a list of references used a week ahead of the presentation date. This outline will not be graded.

Presentation Topics:

- a) Anxiety disorders
- b) Somatoform and Dissociative Disorders
- c) Mood Disorders
- d) Early-Onset Disorders
- e) The Schizophrenias
- f) Personality disorders
- g) Late Onset Disorders
- h) Psychological Factors and Physical Disorders
- i) Sexual Disorders
- j) Substance-use Disorders

Importance:

Proper class notes to be organized into power points and/or notes for distribution to class.

3. Book Report x2 (30%). **Due Date: 06/07/2022 and 17/08/2022**
4. Final Examination (30%): Materials from both the text and the lectures can be on the examination. OR Case Study Report: Choose one character from a movie and study his/her behaviour as a case study. Report to me whether his or her behaviour are normal or abnormal. Why? What kind of abnormality behaviors you observed? Use DSM 5 to do a brief diagnosis according to your learned knowledge. **Final Exam/CSR Due Date: 31/08/2022**
5. Academic honesty is non-negotiable. All assignments submitted in fulfillment of course requirement must be of the students' own work. Plagiarism or any form of academic dishonesty will not be tolerated and will lead to a grade of zero for the submitted assignments.

6. The course grades are assigned as:

Grade	Score	GPA	Remark
A	93-100	4.00	Excellent
A-	90-92	3.70	
B+	87-89	3.30	Good
B	83-86	3.00	
B-	80-82	2.70	
C+	77-79	2.30	Acceptable
C	73-76	2.00	
C-	70-72	1.70	
D+	67-69	1.30	Fair but pass
D	63-66	1.00	
D-	60-62	0.70	
F	59.9 and below	0.00	Fail

Note: Scores and grades will not be “curved”. Hence any number of students in this course can earn a score of 100 (or 0) on assignment or examination; and any number of students can earn a grade of A (or F). A student should constantly be aware of his / her potential final grade in the course. Students are welcome to discuss with the instructor regarding to his / her progress or any aspects of the course.

6. Attendance, Absence, Lateness, Incomplete:

In accordance with the policies, class attendance is required, and class will start promptly at the schedule time. If you are absent or excessively late, you will receive a score of zero for the participation of that class.

A course grade of “incomplete” will be given under very unusual circumstances, and only if the student has completed at least 75% of the assigned work by the last day of class and only when an incomplete contract is signed and approved.

7. Course Outline:

Week	Date (Wednesday)	Time	Topic	Assignment Date
1	08/06/2022	7:00pm- 10:00pm	1. Concept of mental health and mental disorders a) Definition of mental health and mental disorder b) Conceptualizations of positive mental health c) Some common and less useful criteria in defining mental health d) Some more useful	

			criteria in defining mental health	
2	15/06/2022	7:00pm-10:00pm	2. Assessment, diagnosis and the DSM-IV and DSM-5 <ol style="list-style-type: none"> a) Concepts of validity and reliability in assessment b) Various types of assessment and psychological testing c) Making diagnosis with the DSM-5 d) Limitations and reliability of the DSM 5 	
3	22/06/2022	7:00pm-10:00pm	3. Theoretical perspectives <ol style="list-style-type: none"> a) Theoretical perspectives as tools for understanding mental health and mental disorders b) Overview of psychoanalytic and neo-Freudian psychology; learning and cognitive behavioral approach; existential-humanistic approach; and systems approach c) Biological aspects of mental disorders, and interaction between biological and psychological stressors leading to mental disorders 	
4	29/06/2022	7:00pm-10:00pm	4. Anxiety Disorders <ol style="list-style-type: none"> a) Overview of the various types of anxiety disorders b) Diagnostic criteria, including symptoms and characteristics, etiology and treatment of selected anxiety disorders c) Topics of concern: impact of stress and 	

			trauma, distinguishing fear from anxiety, range of severity and vulnerability	
5	06/07/2022	7:00pm-10:00pm	<p>5. Mood Disorders</p> <p>a) Overview of various types of mood disorders</p> <p>b) Diagnostics criteria, including symptoms and characteristics, etiology and treatment of selected mood disorders</p> <p>c) Topics of concern: suicide and depression, depression's vicious cycle, gender and cultural difference</p>	Book Report Due
6	13/07/2022	7:00pm-10:00pm	<p>6. Schizophrenia</p> <p>a) Overview of various types of schizophrenia</p> <p>b) Diagnostics criteria, including symptoms and characteristics, etiology and treatment of selected types of schizophrenia</p> <p>c) Topics of concern: social work practices in helping families with schizophrenia members; major misconceptions and historic views of schizophrenia</p>	
7	20/07/2022	7:00pm-10:00pm	<p>7. Childhood disorders</p> <p>a) Overview of various types of childhood disorders</p> <p>b) Developmental disorders such as autism, Asperger's disorders, and learning disorders</p> <p>c) Disruptive behavior</p>	

			<p>disorders such as conduct disorder, attention deficit hyperactivity disorder.</p> <p>d) Topics of concern: interaction of biological and psychological factors; difficulties in identifying and diagnosing childhood disorders</p>	
8	27/07/2022	7:00pm-10:00pm	<p>8. Geriatric mental disorders</p> <p>a) Overview of various types of late-onset disorders</p> <p>b) Types of dementia and geriatric depression, including diagnostic criteria, etiology and treatments</p> <p>c) Topics of concern: family and community involvement in the treatment of dementia and geriatric depression</p>	
9	03/08/2020	7:00pm-10:00pm	<p>9. Personality disorders</p> <p>a) Overview of various types of personality disorders</p> <p>b) Diagnostics criteria, including symptoms and characteristics, etiology and treatment of selected types of personality disorders</p> <p>c) Topics of concern: difficulties in diagnosing personality disorders, contrasting personality disorders and axis I disorders.</p>	
10	10/08/2022	7:00pm-10:00pm	<p>10. Somatoform and Dissociative Disorders</p> <p>a) Overview of various types of Somatoform and Dissociative</p>	Presentation

			<ul style="list-style-type: none"> b) Disorders b) Diagnostics criteria, including symptoms and characteristics, etiology and treatment of selected types of Somatoform and Dissociative c) Topics of concern: difficulties in diagnosing <i>DID</i>. 	
11	17/08/2022	7:00pm-10:00pm	<p>11. Substance-Use Disorder</p> <ul style="list-style-type: none"> a) Overview of various types of Substance-Use disorders b) Diagnostics criteria, including symptoms and characteristics, etiology and treatment of selected Substance-Use disorders c) Topics of concern: suicide and depression, depression's vicious cycle, gender and cultural difference 	<p>Presentation</p> <p>Book Report Due</p>
12	24/08/2022	7:00pm-10:00pm	<p>12. Sexual Disorders</p> <ul style="list-style-type: none"> a) Overview of various types of Sexual disorders b) Diagnostics criteria, including symptoms and characteristics, etiology and treatment of selected mood disorders c) Topics of concern: gender and cultural difference 	
13	31/08/2022	7:00am-10:00pm	Final Exam/ Case Report Due	

8. Course Outcome:

At the end of the course, each student should have a general view of the development of psychology. You will read about major areas and issues in

psychology, and can appreciate how they relate to each other. Furthermore, this course equips you with basic knowledge of psychology for subsequent counseling training in other relevant courses offered by Ecclesia Theological Seminary.

Recommended References

病態心理學書目:

1. 我們時代的病態人格(愛與焦慮、迷茫與孤獨、害怕競爭與衝突): 結合阿德勒與佛洛伊德心理學, 跳脫痛苦循環的撫慰之書

The Neurotic Personality of Our Time

作者 / 卡倫·荷妮 Karen Horney 譯者 / 林藪

出版社 / 小樹文化有限公司

出版日期 / 2019/06/05

商品語言 / 中文/繁體

裝訂 / 平裝

2. 我們內心的衝突: 是真愛還是自我欺騙、是發自內心還是社會期待.....結合榮格、阿德勒、佛洛伊德理論, 解開你內在煎熬的療心之作

Our Inner Conflicts

作者 / 卡倫·荷妮 Karen Horney

譯者 / 李娟

出版社 / 小樹文化有限公司

出版日期 / 2019/09/04

商品語言 / 中文/繁體

裝訂 / 平裝

4. 適度依賴: 懂得示弱, 學會從信任出發的勇敢

Healthy Dependancy: Leaning on Others Without Losing Yourself

作者 / 羅勃·伯恩斯坦/ 瑪麗·朗古蘭 Robert F. Bornstein/ Mary A. Languirand

譯者 / 石孟磊/ 歐陽敏

出版社 / 寶瓶文化事業有限公司

出版日期 / 2019/08/26

商品語言 / 中文/繁體

裝訂 / 平裝

5. 自尊與依戀的愛情心理學 (なぜか恋愛がうまくいかない人の心理学)

作者 / 加藤諦三

譯者 / 藍嘉楹

出版社 / 世潮出版有限公司

出版日期 / 2019/08/02

商品語言 / 中文/繁體

裝訂 / 平裝

6. 情緒陰影: 心靈整合之父榮格, 帶你認識內在原型, 享受情緒自由

作者 / 許皓宜

出版社 / 遠流出版事業股份有限公司

出版日期 / 2018/01/07

商品語言 / 中文/繁體

裝訂 / 平裝

7. 阿德勒的自卑與超越 What Life Should Mean to You

作者 / 阿爾弗雷德·阿德勒 Alfred Adler

譯者 / 王倩

出版社 / 海鵠文化出版圖書有限公司

出版日期 / 2019/01/23

商品語言 / 中文/繁體

裝訂 / 平裝

8. 惡魔不是天生的: 心理學家帶你走進那些看不見, 卻真實存在的人性黑暗面
Making Evil

作者 / 茱莉亞·蕭 Julia Shaw

譯者 / 威治

出版社 / 商周出版

出版日期 / 2019/07/18

商品語言 / 中文/繁體

裝訂 / 平裝

9. 犯罪心理學 (第 2 版) Criminal Behavior: A Psychological Approach

作者 / Curt R. Bartol/ Anne M. Bartol

譯者 / 李執中/ 編譯

出版社 / 華都文化事業有限公司

出版日期 / 2018/07/31

商品語言 / 中文/繁體

裝訂 / 平裝

10. 過度飲食心理學: 當人生只剩下吃是唯一慰藉

The Psychology of Overeating: Food and the Culture of Consumerism

作者 / 基瑪·卡吉兒 Kima Cargill

譯者 / 吳宜蓁/ 林麗雪

出版社 / 光現出版

出版日期 / 2018/05/30

商品語言 / 中文/繁體

裝訂 / 平裝

11. 陰屍路的黑暗療癒: 團體壓力·道德兩難·生存競爭...24 位心理學專家剖析
令人又痛又撫慰的人性掙扎命題

The Walking Dead Psychology: Psych of the Living Dead

作者 / 崔維斯·蘭里 Travis Langley

譯者 / 姚怡平

出版社 / 采實文化事業股份有限公司

出版日期 / 2016/10/06

商品語言 / 中文/繁體

裝訂 / 平裝

13. 為什麼有點變態, 反而很可以?

Why We Do the Things We Do: Psychology in a Nutshell

作者 / 喬爾·利維 Joel Levy

譯者 / 林錦慧

出版社 / 遠流出版事業股份有限公司

出版日期 / 2018/03/29

商品語言 / 中文/繁體

裝訂 / 平裝

13. 無良這種病: 瑞典行為科學家教你利用 DISA 性格學, 徹底擺脫病態人格者的
暗黑操控 Omgiven Av Psykopater

作者 / 湯瑪斯·埃里克森 Thomas Erikson

譯者 / 林麗冠

出版社 / 時報文化出版企業股份有限公司

出版日期 / 2019/07/16

商品語言 / 中文/繁體

裝訂 / 平裝

14. 非典型力量: 暗黑人格的正向發揮, 不受束縛的心理超人 (第 2 版)

The Wisdom of Psychopaths: What Saints, Spies, and Serial Killers Can Teach Us
about Success

作者 / 凱文·達頓 Kevin Dutton
出版社 / 大牌出版
商品語言 / 中文/繁體

譯者 / 陳琇玲
出版日期 / 2016/12/21
裝訂 / 平裝

15. 反社會人格者的告白: 善於操控人心、剝削弱點的天才

Confessions of a Sociopath: A Life Spent Hiding in Plain Sight

作者 / M. E. 湯瑪士 M. E. Thomas
出版社 / 智富出版有限公司
商品語言 / 中文/繁體

譯者 / 筆鹿工作室
出版日期 / 2015/08/05
裝訂 / 平裝

16. 病態人格: 是藏著惡意的善良, 還是富有魅力的瘋狂? (サイコパス)

作者 / 中野信子
出版社 / 究竟出版社股份有限公司
商品語言 / 中文/繁體

譯者 / 謝承翰
出版日期 / 2018/06/01
裝訂 / 平裝

17. 遠離能量吸血鬼: 人際病態關係的原型

Dodging Energy Vampires: An Empath's Guide to Evading Relationships That Drain You and Restoring Your Health and Power

作者 / 克莉絲汀·諾瑟普 Christiane Northrup
出版社 / 橡實文化
商品語言 / 中文/繁體

譯者 / 劉凡恩
出版日期 / 2018/12/27
裝訂 / 平裝

18. 24 個比利 (新譯本)

The Minds of Billy Milligan

作者 / 丹尼爾·凱斯 Daniel Keyes
出版社 / 皇冠文化出版有限公司
商品語言 / 中文/繁體

譯者 / 趙丕慧
出版日期 / 2014/06/09
裝訂 / 平裝

Use Your Brain Properly

